



# Achievement Award Grade 2— Foil

## Demonstrate:

(with coach or partner)

### GRADE TWO NOTES

While following your partner's steps forward and backward

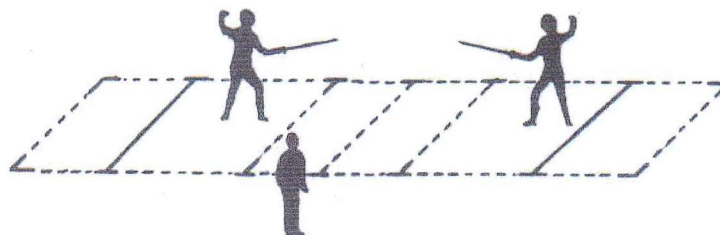
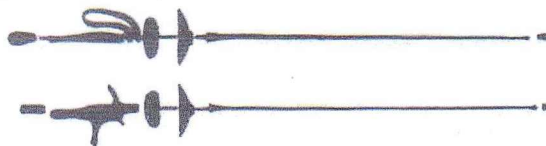
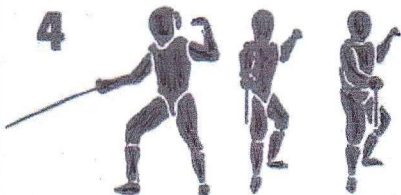
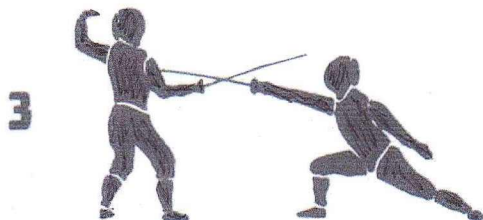
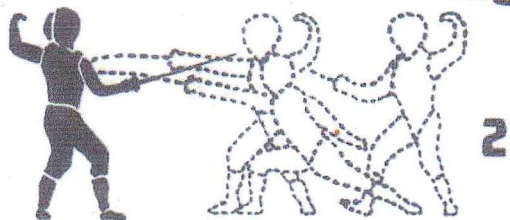
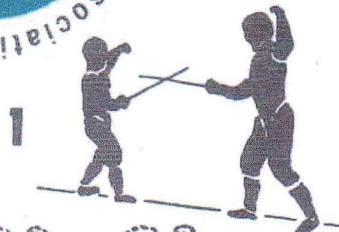
1. Maintain fencing line
2. Maintain correct distances for hitting with - Riposte - Lunge - Step forward lunge
3. Maintain lunging distance and make a direct Attack with a lunge each time your partner pauses

### From a stationary position:

4. Guards of Septime and Octave
5. Engagements in Sixte, Quarte, Septime and Octave - Changes of Engagements - Pressures
6. Disengage Attack with a lunge on partner's pressure from
  - a. Engagement in Sixte
  - b. Engagement in Quarte
7. Circular Parry of -
  - a. Sixte with Direct Riposte
  - b. Quarte with Direct Riposte

## Describe:

1. Courteous and respectful behaviour and fencers "Pledges of Honour" (cf. Rules: [t.114](#), [t.116](#), [t.120](#))
2. Parts of the Foil
3. Dimensions of the Piste (see [Rules: The Field of Play](#))



Badges And Certificates Obtainable From

**Amateur Fencing Association**

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