

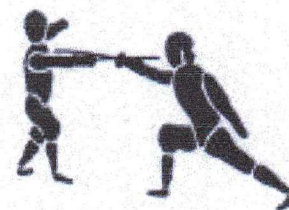
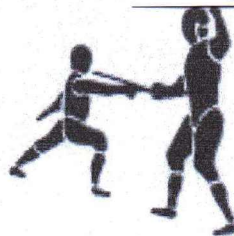
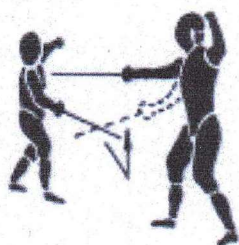
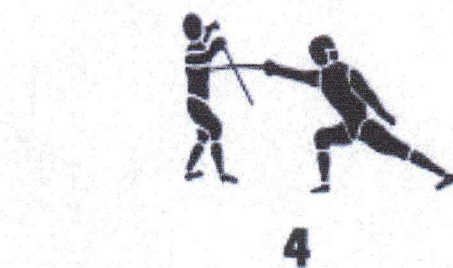
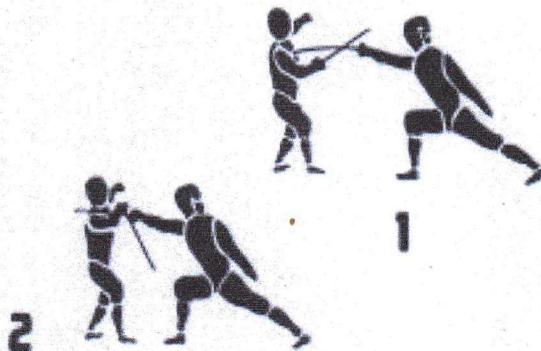


Achievement Award Grade 9 - Foil

Demonstrate: With coach or partner

While following your partner's steps forward and backward

1. Maintain step-lunge distance and when your partner pauses, engage your partner's blade into Quarte with step forward and:
 - a. attack by Coule direct with a lunge if your partner does not react
 - b. Attack by Disengage if your partner changes the engagement or closes the line
 - c. Attack by Croise if your partner deceives your attempt to engage with an extended sword arm
2. Maintain lunging distance and when your partner attacks, parry Prime with a step forward and Riposte at close quarters
3. Maintain step-lunge distance and on one of your partner's steps forward, attack with a Beat Direct and:
 - a. Hit if your partner fails to parry
 - b. Remise if your partner parries and steps forward with an indirect feint
 - c. Reprise Disengage with Flèche if your partner parries with a step back and delays the Riposte



From a stationary position:

4. At lunging distance, attack with feint direct and Disengage with various sizes of lunges (short medium and long) depending on whether your partner parries Prime with a step forward, standing still or a step backward
5. From step-lunge distance, engage your partner's blade in Octave with a step forward and:
 - a. Attack by Cutover if your partner does not react
 - b. Parry Quarte and Direct Riposte if your partner attacks into your high line with a lunge
 - c. Attack by Beat Direct lunge if your partner deceives your blade with an extended sword arm

Describe:

1. Fence your partner for 5 hits and explain how all the hits were scored; if your partner is successful in scoring hits, explain how you should have avoided them
2. Preside a fight for 5 hits
3. Give your partner a short "warm-up" lesson with mobility, involving Direct and Indirect attacks, single Parries and Direct Ripostes and Counter-ripostes

Badges And Certificates Obtainable From:

Amateur Fencing Association

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